



A Great Opportunity
For Returning Vets –
5 Nights, 6 Days to Help
Shed the Negative Effects of PTSD

There is No Charge.
You've already paid enough.

Relax, Renew ...

*Enjoy 5 nights and 6 days including lodging,
all meals, activities and Moving On program.*

*The program is designed to help shed the
negative effects of PTSD, identify
challenges and create new goals.*

**For returning vets ready to relax,
rejuvenate, reinvent and reignite**

INTERDISCIPLINARY MEDICAL TEAMS PROVIDE
ASSESSMENTS FOR FURTHERING INDIVIDUAL
PROGRESS AND HELP INFORM FUTURE CARE

AFTER RETREAT ASSISTANCE IS AVAILABLE WITH
REFERRALS AND RESOURCES TO HELP REBUILD LIVES

888-884-6567

24303 Woodsey Canyon Road, #142
West Hills, California 91304-1130

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For Returning Vets
returningvets.org
Moving On Retreat

Moving On

R E T R E A T



FOR RETURNING VETS

www.returningvets.org

Moving On

R E T R E A T

Relax, Release, Rebuild, Reignite

A Retreat Designed for Returning Veterans to Help Shed the Negative Effects of PTSD, Identify Challenges and Create New Goals.

“... a serious opportunity for sorting out memories and inclinations that distracted me from being home and pursuing my new goals.”

No charge to returning veterans for 5 nights and 6 days including all meals, activities and Moving On program.



ALL PHOTOS: ASSOCIATED PRESS

RETREAT SCHEDULE

- DAY #1** ARRIVE BETWEEN 3 AND 5 P.M.
DINNER AT 5:30 P.M.
WELCOME 6:30 P.M.
- DAY #2** R & R, SWIMMING, SPORTS, ARCHERY,
HIKES, HORSEBACK RIDING, PAINTBALL, ROPES COURSE
- PROGRAM**
- DAY #2** 5:00 P.M. - 11:00 P.M.
- DAY #3** 9:00 A.M. - 4:00 P.M.
- DAY #4** 9:00 A.M. - 6:00 P.M.
- DAY #5** 9:00 A.M. - 6:00 P.M.
- DAY #6** SPEND SUNDAY NIGHT AND ENJOY
BREAKFAST MONDAY MORNING BEFORE DEPARTING.

BREAKFAST, LUNCH, DINNER PROVIDED THURS - SUN, PLUS DINNER WEDNESDAY AND BREAKFAST MONDAY MORNING.



You deserve a real break . . .

STAFF & ASSESSMENTS

PROFESSIONAL LEADERSHIP IN THE FORM OF INTERDISCIPLINARY TEAMS COMPRISED OF DOCTORS, NURSES, SOCIAL WORKERS AND CHAPLAINS WORK TOGETHER TO PROVIDE EACH VETERAN WITH OPTIMUM OVERSIGHT AND A COMPREHENSIVE ASSESSMENT TO HELP INFORM AND FORWARD EACH PARTICIPANT. PSYCHIATRIST AND PSYCHOLOGIST ARE ALSO PRESENT. THE PROGRAM IS LED BY TWO HIGHLY ACHIEVED SENIOR OFFICERS IN THE FIELD OF INTERACTIVE AND EFFECTIVE GROUP EDUCATION TO HELP PEOPLE IDENTIFY, RELEASE, REINVENT AND RENEW.

returningvets.org

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*Your
Chance to
Relax,
Release,
Reinvent,
Rebuild,
Renew,
Reinvigorate,
Reignite!*